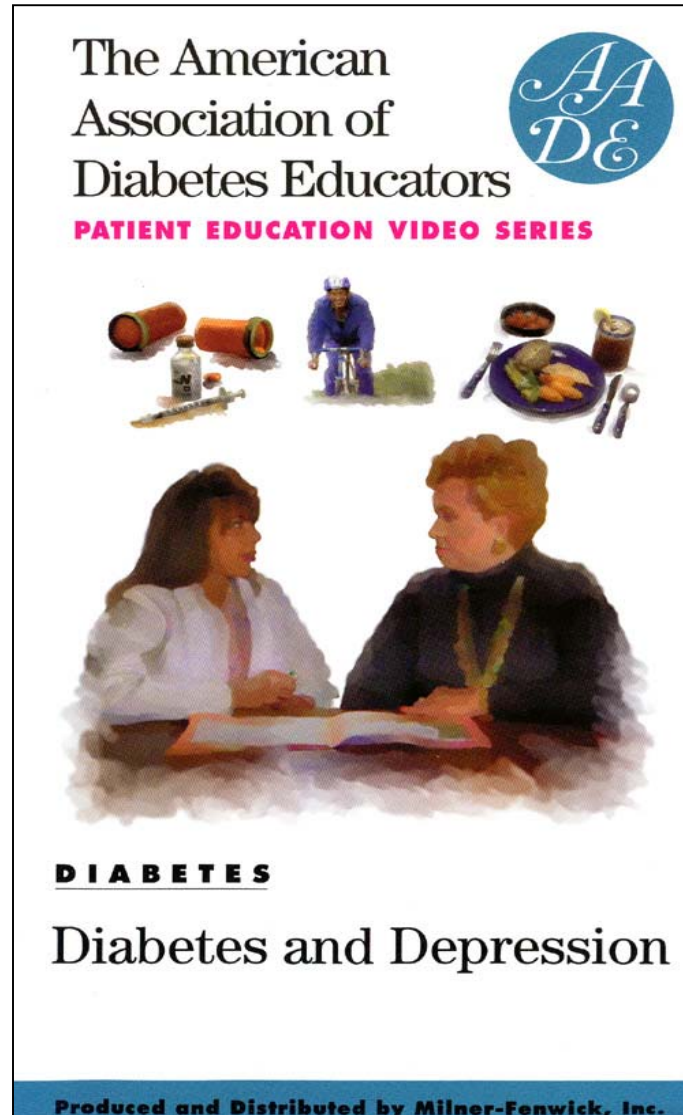


**DIABETES GUIDELINE - PATIENT SELF-CARE VIDEO**  
**"DIABETES and DEPRESSION"**



This video explains that people with diabetes have an increased risk of depression and discusses living with diabetes and depression. Recognizing symptoms, getting help, and various approaches to managing depression are included. The program utilizes information provided by real people with diabetes as well as various question they can ask themselves to help recognize if depression is present.

Run time: 17 minutes/52 seconds. Produced and distributed by Milner-Fenwick, Inc.  
Reorder this video from the Army MEDCOM Quality Management Tool Kit Web Page:

[www.QMO.amedd.army.mil](http://www.QMO.amedd.army.mil)

This video may not be sublet, transferred, or locally reproduced.